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Master of Clinical Psychology (graduate of Circle of Depth Psychology), Specialist in Family Therapy (graduate of University of Guanajuato), psychologist (graduate of University of Guanajuato), Specialist in Neuro Linguistic Programming by the Mexican Center of NLP Diploma in Narrative and Diploma Individual Therapy in Systemic by the American Institute of Family Studies AC LEFI, Diploma in Postmodern Therapies by the Institute Champs Elysees, International Collaborative Practices Certification by Houston Galveston Institute, Taos Institute, Training MRI (Menthal Research Institute, Palo Alto California), Diploma couple by LaSalle University campus Pachuca, Hidalgo, Diploma in Couple by the Center for Family Constellations Sowelo B.C.

Teaching the Department of Psychology at the University of Guanajuato from 1992 to date, Coordinator of the Specialty in Family Therapy (1992- to date) and Coordinator of the Degree in Psychology from the University of Guanajuato. (2016 to date), Professor of the Universidad Iberoamericana, UNIVA, LaSalle University Leon, Private practice for over 20 years.

Conference at Southern Oregon University in Ashland "The Mexican Family" Presentation of works of poster and workshops internationally in: Houston, Brazil, Argentina and Peru, academic stays in South Oregon University, 2 stays of 10 days, in Houston Galveston Institute for two months.

Publications: XXI Century Teens, Adaptation Scale Emotional Exhaustion in University, in collaboration with the University of the State of Mexico.