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Gerrit Loots is professor at the Faculties of Economics and Social Sciences and Psychology and Educational Sciences of the Vrije Universiteit Brussel and visiting professor at the Department of Psychology of the Universidad Católica Boliviana "San Pablo" at La Paz. He is running a research group on Interpersonal, Discursive and Narrative Studies (IDNS), and coordinator of the Centre for Children in Vulnerable Situations (CCVS). His fields of interests and research are infant psychology, more specific early parent-child interaction, psychosocial wellbeing of children affected by war, migration, poverty and social exclusion, and psychotherapy, more specific postmodern family therapy.

He has been practising family therapy since the 80th in different settings. At the moment, he is working from a narrative/collaborative perspective in the psychotherapeutic centre Hestia in Mechelen (Belgium), and guest trainer at different training institutes in systemic therapy.