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I live in Tenerife where I work as a doctor, psychiatrist in the Canary Health Service. For years I have been interested in topics related to collaborative ideas, language and constructionist ideas. I belong to the promoter and perpetrator group of the University Expert in Brief Systemic Interventions of the Universidad de La Laguna of which we celebrate the third edition. I am very interested in gender issues and have participated in the writing of articles on this subject as well as professional ethics in the field of mental health and the use of language as a constructor of realities. I am sylvan by vocation and not only because I am very interested in environmental issues and cultivate a nice ecological kitchen-garden, but because I consider orthodoxy and belonging are two ties that do not allow to enjoy all the wonderful things that people produce and contribute in the world. And besides, I am a recommended chief.