

Sylvia London, MA

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Co-founder of Grupo Campos Elíseos

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Sylvia has been a therapist and consultant for more than 20 years and holds a private practice in Mexico City, where she works with families, couples, adolescents and children and consults for schools, institutions and organizations. She teaches at Universidad de las Americas in México City, Universidad del Mayab in Merida Yucatán, México, Our Lady of the Lake University in San Antonio Texas, USA. She frequently presents in National and International Conferences on topics related to postmodern and social constructionist ideas applied to a variety of fields and projects. As a teacher, presenter and consultant. Member of the Mexican Association for Marriage and Family, Mexican Council for Marriage and Family Therapy Therapy, AAMFT, She is a licensed therapist in the state of Texas (LMFT) and currently serves as President of the Multicultural Committee at TAMFT. At the moment she is working on the Chronic Pain Project at Grupo Campos Eliseos, A multidisciplinary approach to training therapist on dealing with pain and stress using collaborative therapy, biofeedback and relaxation techniques. Sylvia is recognized for her dynamism, enthusiasm, creativity and passion, all her endeavors are done in innovative and creative ways.